

Government of **Western Australia**
Child and Adolescent Health Service

Health information for children in Kindy

Children learn better when they are healthy, safe and happy.

We've put together a range of information to help your child get the best possible start at school.

This includes ways to help your child stay safe, grow and develop, communicate, and eat a range of healthy foods.

Find this and other helpful information at **cahs.health.wa.gov.au/ChildHealthResources**

Read online

Child and Adolescent Health Service-Community Health January 2024 CAH-001630