

# Harold's friendship

Today your child took part in Life Education's 'Harold's Friend Ship' module.

## What is it about?

'Harold's Friend Ship' is a fun interactive learning experience that aims to empower children to make safer and healthier choices.

Working with one of our highly experienced educators, and our loveable mascot, Healthy Harold, they have enjoyed animated stories, engaged in hands-on activities, sung songs, and taken part in discussion and problem solving with their peers. 'Harold's Friend Ship' focuses on:



Building Friendships



Feelings & Emotions



Safe & Unsafe Situations



Where to get help



## Why is this module so important?

Educating our children early about the importance of a healthy lifestyle is an important step to equipping them with the tools to help them make positive health choices.

'Harold's Friend Ship' focuses on how to build friendships and care for others, feelings and emotions, safe and unsafe situations and early warning signs, and safe places and people to turn to for help.

## So what's next?

Your child's teacher has 'Harold's Friend Ship' resources to use in the classroom. You can also continue the learning at home with our parent resources.

Continue your child's learning at home.

Access your parent resources online at [www.lifeeducation.org.au/parents](http://www.lifeeducation.org.au/parents)

**GET ONLINE NOW!**

Download our resources



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Read articles, find new info and discover our other modules

